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FEVER MANAGEMENT AT HOME



A fever is a temporary increase in your body temperature, often due to an illness.

- *Fever is a symptom of illness, not a disease*
- *It helps our body fight off a number of infections.*
- *Finding the cause of fever is important*
- *Most fevers are harmless and are caused by mild infections.*

HOME CARE :

- **DON'T PANIC, FEVER IS YOUR FRIEND.**
- During fever, initially give suspension (Crocic) _____.
- Crocic can be repeated after 4 hours.
- Give only one layer of lightweight clothing. Overdressing a child may cause a rise in temperature.
- Do not bundle up a child with blankets or extra clothes, even if the child has the chills. This may keep the fever from coming down or may make it go higher.
- The room should be comfortable, not too hot or too cool.
- A lukewarm bath or sponge bath may help cool a fever.
- Offer plenty of fluids to avoid dehydration.
- Our goal is to bring temperature about 100 °F, not to target 98.4 °F.

If still fever is above 100 °F and four hours have not elapsed.

- Then give suspension Ibugesic _____.
- It can be repeated after 8 hours.

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DOSAGE :

Medication	Dosage	Frequency	How many days
Crocin	15mg/kg/dose	SOS	
Ibugesic	10mg/kg/dose	SOS	

There should be 1-hour gap between Crocin and Ibugesic.

If still fever persists, visit your pediatrician or the emergency room .